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# Cytotoxicity of novel plant-based silver nanoparticles on fibroblasts for use in dental and medical applications

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#### **Abstract**

Background: The aim of this study was to evaluate the cytotoxicity of novel plant-based silver nanoparticles (AgNPs) on mammalian fibroblast cells.

Materials and methods: An in vitro prospective, double blind study model was used. A range of 5-17.5 ppm of the novel AgNPs were used in a neutral red uptake cytotoxicity assay. All test samples were compared to a negative and positive control to assess validity.

Results: The novel AgNPs showed non-cytotoxicity at all concentrations tested. All tested values were significant compared to the positive controls which showed cytotoxicity (<70% cell viability) via one way anova (p<0.05).

Conclusion: The novel AgNPs show promise for use in preventative applications for Dentistry and Medicine. The novel AgNPs could be used as a non-toxic alternative to Chlorhexidine and Cetylpyridinium Chloride.

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#### Introduction

Nanotechnology has garnered much attention in recent years due to its multiple applications in various industries including medicine and dentistry. Silver nanoparticles have seen wide publication due to their extensive antimicrobial action and broad range of use. One of the major concerns for silver nanoparticles has been their inconsistent nature surrounding toxicity. Silver nanoparticle toxicity has been attributed to many factors including the methods of fabrication, as well as the capping agents used. Ultimately, the stability of these nanoparticles in biological media has been determined by many to be size and capping agent dependent [1]. It was therefore the authors' goal to test various concentrations of novel plant-based silver nanoparticles, which show greater promise for use as dental and medical preventative agents. By stabilizing and capping silver nanoparticles with novel plant-based compounds, the toxicity of these particles could be severely reduced. Synthesis methods with less toxicity will ultimately open doors for broader acceptability of nanotechnology in the medical and dental fields.

With the advent of new technology, there are always concerns regarding cytotoxicity and toxicity for mammalian species. Studies involving nanotechnology have rendered multiple useful publications and systemic reviews. However, one of the main concerns surrounding nanotechnology to this day is safety for human use. Despite many innovations in the field, many silver nanoparticles still suffer from instability, especially in high ionic strength environments and biological media [2].

It has been cited that this is primarily due to the methods of production, including harsh bases, additives, and stabilizers [3]. It should also be noted that if instability is present, especially in biological media, in vitro experiments may show the results of destabilized nanoparticles. Unfortunately, although many silver nanoparticles have shown promise for antimicrobial or chemotherapeutic use, their stability and toxicity profiles do not always meet the standard for use in vivo. Therefore, new methods are required to improve upon these shortcomings in order to develop a more stable and biocompatible alternative for use in the medical and dental fields.

New research has suggested that instead of using harsh bases and additives, natural plant compounds can be used [4]. Although this idea is not new, it has shown great promise for reduced cytotoxicity and increased biocompatibility. One of the major problems with plant compounds in the past has been their lacking ability to completely convert silver salts into silver nanoparticles [4]. Although some silver nanoparticles can be formed, the majority of the salt input remains in solution, resulting in an incomplete or undesirable reaction. Due to this lack of reducing power, plant compounds have been utilized mostly as secondary stabilizing agents. Unfortunately, plant compounds have not seen much success as single use alternatives to chemically modified and reduced nanoparticles. It can be noted that unless plant compounds are capable of containing high reduction potential in addition to providing particle stabilization, they will fail to produce a complete conversion into size consistent silver nanoparticles [4].

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As research has improved and more plant compounds have become available, their usage for creating complete and stable conversions to nanoparticles has become possible. This is because certain plant compounds have seen increased purification from manufacturers and have become more commercially available. With increased commercial availability, these compounds can be manufactured at grades which make them more ideal reducing agents, without losing their biocompatibility. This has opened up entirely new possibilities for silver nanoparticle fabrication which previously relied on harsh chemical methods for production.

One of the largest downsides from previous generations of silver nanoparticles has been their lack of biocompatibility [5]. This has been evident from testing in vitro in various biological media. Many authors have speculated that this is due to lacking stability, size profiles, and capping agent selection [5,6]. One of the most popular methods for making silver nanoparticles with sodium citrate reduction has resulted in nanoparticles that can destabilize, especially when exposed to salts or various biological media [6]. As a result, their citrate barriers degrade, leading to large effluxes of silver ions in addition to agglomeration. Paired to this, methods which have used DMSO, Sodium borohydride and other harsh bases have encountered similar problems due to low stability in biological media as well as toxicity issues from the reducing agent, and resulting efflux of ions [7]. Many authors have suggested that the size of the nanoparticles is to blame, but recent work suggests that size profiles do not always match toxicity results [8]. Therefore, the reducing agent, stability of the particles (agglomeration & ion release), and the capping agent selection are likely the main cause of toxicity concerns via instability in various media [9]. By utilizing plant-based compounds these issues can be severely reduced. One of the major benefits of the traditional chemical method for producing silver nanoparticles is a complete conversion from silver salt to silver nanoparticles. This method also offers a highly consistent particle size. In contrast, plant-based compounds have faced criticism due to their poor reduction potential and as a result poor conversion rates. Despite this, researchers have always been hopeful to find plant compounds with high conversion rates due to their lower toxicity profiles compared to their chemical counterparts.

Due to improvements in technology, many purified plant compounds can now be secured and used to create silver nanoparticles. Many of these plant compounds show little to no toxicity and can be made with a carbon-free footprint. This allows for the nanoparticle seeding process to occur more rapidly, increasing conversion via bio-reduction. This has led to the capability to produce completely converted silver nanoparticles which are not only non-cytotoxic, but still maintain their biocompatibility and size consistency compared to their chemically produced counterparts [10].

#### **Materials and Methods**

### Characterization of nanoparticles

Silver nanoparticles, <5-10nm> in size capped with a novel plant-based compound were obtained from Nanocomposix, CA. Characterization was performed by Nanocomposix, CA using good laboratory practices. The size of the nanoparticles was measured using JEOL 1010 (TEM) via counts of 300 to confirm particle size distribution. Thermo Fisher Xseries II (ICP-MS) was used to measure the conversion of the nanoparticles from silver salts into fully formed nanoparticles. A UV-VIS analysis was done to confirm the wavelength and conversion of the particles to even size distributions at predictable wavelengths for silver nanoparticles utilizing an Agilent 8453 spectrophotometer. Additionally, nanoparticles were tested for Zeta potential and hydrodynamic diameter using Malvern Zetasizer Nano ZS. Nanoparticle concentrations were diluted from the original base solution after being verified for concentration via ICP-MS. Each test was performed in triplicate to thoroughly analyze the particles. Figure 1 illustrates the TEM & UV-VIS results.

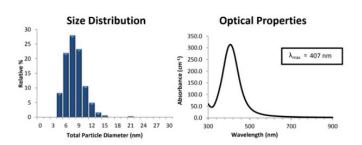


Figure 1. TEM & UV-VIS analysis of Silver Nanoparticles (AgNPs)

#### Cell culture

The Cell culture selected was Balb/ c 3t3 mouse fibroblast cells. This is due to their comparability to Human fibroblast cells and in common relation to Human gingival and PDL cells surrounding the ligature which supports tooth structure to bone. Cells were obtained from ATCC and prepared using a seeding concentration of 1 E105 cells/mL and incubated at 37 +/- 10 C with +/- 1% CO<sub>2</sub>. The cells were prepared in DMEM Maintenance growth media for Balb/ c 3t3 cells (DMEM supplemented with 10% NBCS, Hepes, and Penicillin-Streptomycin). DMEM contained L-Glutamine already added. 100uL of prepared cell suspension was added to each well of a 96 well plate with the exception of the outer rows and columns of wells, equating to 1E104 cells per well. Prior to use, cells were microscopically verified to consist of a subconfluent monolayer with healthy morphology. Cells were tested for mycoplasma and determined to be mycoplasma free.

#### **Experimental conditions**

Cell cultures were tested for cytotoxicity using the well-established ISO compliant neutral red (NR) uptake cytotoxicity assay. The assay measures viability of cells via lysosome activity to uptake neutral red stain. The neutral red uptake is measured photometrically on a plate reader and the number of viable cells correlates with the color intensity measured (absorbance). The Balb/ c 3t3 plates were prepared and incubated for 22 to 24 hours. DMEM 5% extraction media was added to the vehicle control, negative control, and Zinc Dibutyldithiocarbamate (ZDBC) positive control according to the extraction ratio and incubated at 37 +/- 1°C for 24 +/- 2 hours with continuous agitation. The positive control (SLS) stock was prepared at 10mg/mL and diluted to specified concentrations (0.1mg/mL, 0.08mg/mL, 0.06mg/mL, 0.05mg/mL, 0.04mg/mL). Only the lowest four dilutions were used for testing purposes. The positive control was diluted, but the negative and vehicle control were not diluted. 100uL of each dilution was added to six wells of a plate and the vehicle control was added to a total of 12 wells on each plate. The plates were incubated at 37 +/- 1°C with 5 +/- 1% CO, and 85 +/- 15% humidity for 24 +/- 2 hours. After incubation all media were removed and the plate was washed with 150uL of PBS. Once the wash was removed, 100uL of NR medium was added and the plate was incubated for 3 hours +/- 10 minutes at 37 +/- 1°C with 5 +/- 1% CO<sub>2</sub> and 85 +/- 15% humidity. The NR medium was discarded, and the cells were washed with 150uL of PBS. The wash was removed and 150uL of desorbing fixative (EtOH/acetic acid solution) was added. The plate was gently tapped and placed on an orbital shaker and rapidly shaken for 10 minutes. The NR detection was detected using a microplate reader at 540nm. All nanoparticle test samples were blanked prior to reading in order to mitigate error in the final measurement. The positive controls were 0.25% Zinc Dibutyldithiocarbamate (ZDBC), and Sodium lauryl sulfate (SLS). The negative control was High density polyethylene (HDPE). The test articles were composed of silver nanoparticles (5-17.5ppm) diluted from a 0.3% base solution.

## Cytotoxicity

The cell monolayer was inspected and verified to have an approximate 50% confluency alongside verification of a healthy morphology. ZDBC positive control was diluted in DMEM 5% NCS (100%, 40%, 20% dilutions). The vehicle and negative controls were not diluted. The maintenance media from the plates was removed from the wells using a multichannel pipette or plate inversions. 100uL of each dilution was aseptically added to 6 wells with the 96 well plate. 100uL of DMEM +5% NCS media was added to the blanks. The vehicle control consisted of 12 wells. The Plates were labeled appropriately, and the dishes were incubated at 37 +/-  $1^{\rm o}{\rm C}$  with 5 +/- 1% CO  $_{\rm 2}$  and 85 +/- 15% humidity for 24 +/- 2 hours. After incubation, the cell monolayer was inspected for signs of cell death. All media was then removed from the wells with a micropipette or inversion of the plate. 150uL of pre-warmed PBS was added to each well and then removed by quickly inverting the plate. 100uL of NR solution was added to all wells. Plates were incubated for 3+/- 10 minutes at 37 +/- 1°C with 5 +/- 1% CO, and 85 +/- 15% humidity. Following the 3 hours +/- 10-minute incubation period, the NR solution was removed from all 96 wells and the wells were washed with 150uL of pre-warmed PBS. The PBS was subsequently removed. 150uL of EtOH/acetic acid desorption solution was added to each well. The plate was shaken rapidly for 10 minutes, placed in a microplate reader and evaluated at 540nm. The optical density of the 6 wells for each neat concentration and dilution was averaged and compared to the optical density average of all 12 vehicle control wells. Optical density was measured according to equation.

#### % Viability = (OD Average of sample/ OD average of VC) X 100

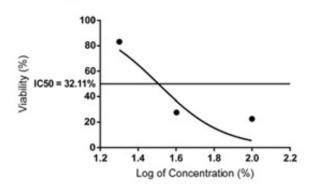


Figure 2. ZDBC IC<sub>50</sub> positive control results

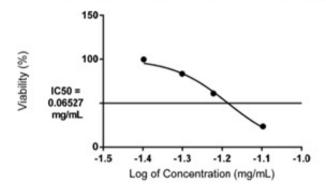


Figure 3. SLS  $IC_{50}$  positive control results

The IC $_{50}$  value was calculated for the ZDBC positive control, SLS positive control and for the silver nanoparticle solutions. All articles were noted to be cytotoxic if they fell below 70% cell viability. Graphpad prism and software for windows (San Diego, CA) was used for plot outputs of cell viability. The analysis was based off of the log values (inhibitor vs. normalized response-variable slope) equation built into the prism software. The values for the dilutions were converted to  $\log_{10}$  form prior to analysis to conform to the requirements of the built in graphpad equation. Positive control results are shown below. Negative control results (HDPE) were 98.6% cell viability and are not shown below.

# Experimental setup - Nanoparticle analysis:

**UV-VIS & ICP-MS analysis**: Silver nanoparticles were fabricated and checked with UV-VIS and ICP-MS data. Verification that particles were completely formed was made confirming 99.99% conversion to nanoparticles. UV-VIS also confirmed shapes of peaks at the expected ranges of 400-420nm for silver nanoparticles. (Shown in Figure 1).

**TEM analysis:** Silver nanoparticles were tested via TEM to verify the average particle sizes. Silver nanoparticles were noted to be between 5-10nm, with an average particle size of <7nm>. (Shown in Figure 1).

#### **Results**

# AgNP cytotoxicity

As shown in Tables 1, 2 and 3, cytotoxicity results from the two positive controls showed cytotoxicity. The negative control and the AgNP test articles showed non-cytotoxicity. Silver nanoparticle test articles show that all concentrations (up to 17.5ppm) were non-cytotoxic via one way anova p <0.05 (>70% cell viability) when compared to positive vehicle controls. This lends credence to the idea that silver nanoparticles engineered using plant compounds are not only highly biocompatible, but are also slow to release ions from instability, especially in settings where exposure to multiple biological factors and high ionic strength are a concern. With the advent of highly pure plant compounds, it is clear that improvements upon previous generations of nanoparticles can be made. Experiments done show high validity profiles for inclusion into multiple biological settings, including medical imaging, chemotherapy, as well as oral biofilms.

#### Results

One of the major challenges in preventative oral care has been the lack of materials available for long-term use. This is apparent with quaternary ammonium compounds such as Chlorhexidine and Cetylpyridinium Chloride. These compounds have also been shown to have conflicting results subgingivally, eliciting challenges for practitioners treating periodontitis and gum disease [11]. The current FDA recommendations suggest to use Chlorhexidine for no longer than 2 weeks for gingivitis. Additionally, potential side effects include staining, taste changes, and calculus deposition. Ultimately, this can lead to reduced compliance with patient populations [12]. It has also been shown that Chlorhexidine and Cetylpyridinium Chloride can be toxic to fibroblasts, among other cell types [13,14]. Due to these vast limitations, it warrants exploration for using newer materials with less side effects, higher biocompatibility, and lower concentrations to prevent fibroblast death and reduced wound healing. It is evident from recent reports that Chlorhexidine is being used less post-surgically due to interruption of fibroblast, and osteoblast activity which may delay wound healing activity at surgical sites [15]. Recent studies on silver nanoparticles have shown that they are comparable to Chlorhexidine's antimicrobial action even at lower concentrations than their quaternary ammonium counterparts [16]. Certain studies have even shown that silver nanoparticles can reduce inflammation around surgical sites leading to reduced healing time [17]. With new technology, there exists

Sample ID	Log <sub>10</sub> for use in Graphpad to calculate IC10	1	2	3	4	5	6	Average OD	Standard Deviation	Viability (%)
HDPE	NA	0.336	0.557	0.452	0.449	0.564	0.495	0.476	0.084	98.6
ZDBC 100%	2	0.084	0.153	0.074	0.099	0.092	0.151	0.109	0.034	22.6
ZDBC 40%	1.602	0.175	0.139	0.101	0.09	0.118	0.181	0.134	0.038	27.7
ZDBC 20%	1.301	0.349	0.312	0.301	0.595	0.382	0.473	0.402	0.113	83.2
SLS 0.08 mg/ml	-1.097	0.075	0.102	0.153	0.097	0.126	0.132	0.114	0.028	23.6
SLS 0.06 mg/ml	-1.222	0.209	0.445	0.271	0.411	0.201	0.233	0.295	0.106	61.1
SLS 0.05 mg/ml	-1.301	0.566	0.269	0.354	0.37	0.467	0.391	0.403	0.102	83.4
SLS 0.04 mg/ml	-1.398	0.495	0.494	0.614	0.463	0.434	0.391	0.482	0.076	99.8
Left Vehicle Control	NA	0.403	0.527	0.542	0.385	0.625	0.568	0.508	0.095	105.2
Right Vehicle Control	NA	0.305	0.638	0.501	0.449	0.494	0.361	0.458	0.117	94.8
Average VC		Average OD of left and right vichle control						0.483		

 Table 1. Viability percentage of control article replicates

Control Article	Concentration	Cell Death Observed	Average OD	% Viability	IC <sub>50</sub>	Interpretation
Vehicle (left)	NA	None	0.508	105.2	NA	Non-Cytotoxic
Vehicle (right)	NA	None	0.458	94.8	NA	Non-Cytotoxic
Negative - HPDE	100%	None	0.476	98.6	NA	Non-Cytotoxic
Postive - ZDBC	100% 40% 20%	Complete Complete Incomplete	0.109 0.134 0.402	22.6 27.7 83.2	32.11%	Cytotoxic
Postive - ZDBC	0.08 mg/ml 0.06 mg/ml 0.05 mg/ml 0.04 mg/ml	Complete Incomplete None None	0.114 0.295 0.403 0.482	23.6 61.1 83.4 99.8	0.06527 mg/ml	Cytotoxic

**Table 2.** Cytoxicity of control articles

Control Article	Concentration (ppm)	Cell Death Observed	Average OD	% Viability	IC <sub>50</sub>	Standard Deviation	Interpretation
Nanosilver (Set 1)	17.5	None	0.504	109.6	NA -	0.118	Non-Cytotoxic
	15	None	0.504	109.6		0.088	
	12.5	None	0.528	114.8		0.128	
	10	None	0.444	96.5		0.04	
Nanosilver (Set 2)	15	None	0.355	77.2	NA	0.183	Non-Cytotoxic
	12.5	None	0.626	136.1		0.168	
	10	None	0.595	129.3		0.207	
	7.5	None	0.468	101.7		0.092	
Nanosilver (Set 3)	12.5	None	0.668	138.9		0.112	Non-Cytotoxic
	10	None	0.575	119.5	NA	0.075	
	7.5	None	0.562	116.8		0.069	
	5	None	0.553	115		0.082	

**Table 3.** Cytoxicity of AgNP test articles

potential to incorporate new materials into existing regimens to help prevent disease on a cost-effective scale while reducing unnecessary exposure to multiple agents. As demonstrated in this study, fibroblasts were not affected at the concentrations chosen, showing that plant-based silver nanoparticles have the potential to replace chlorhexidine over time

The cytotoxicity profiles for silver nanoparticles using a novel plant-based compound are ideal for use in dental and medical applications. One of the major problems with the physical and chemical methods used to produce silver nanoparticles is their genuine lack of protection in addition to biocompatibility and toxicity concerns. It is clear that these novel compounds have improved upon previous generations of nanoparticles and are feasible for extensive use in wound healing, control of microorganisms, among many other uses. One of the major facets of concern which has been blamed for cytotoxicity has been ion release over time. However, with newer biological based reduction methods, this may be mitigated and reduced. It is becoming clear that nanotechnology is advancing and has the potential to replace existing antimicrobials which suffer from many significant drawbacks.

#### **Conclusion**

Inclusion of nanoparticles into new materials has opened up doors for broad span application in multiple fields, including dentistry. Silver nanoparticles in particular have been of great interest due to their excellent antimicrobial action [18], use in caries prevention [19], and high activity against periodontal disease [20]. Although previous generations of silver nanoparticles suffered from toxicity concerns, it is becoming clear that highly stable and purified plant compounds can now be utilized for improving these materials downsides. All concentrations of silver nanoparticles tested showed non-cytotoxicity to mammalian fibroblasts. With this in mind, more broad span applications for nanotechnology in dental and medical preventatives can be made, alleviating the need for formerly more toxic profiles such as Cetylpyridinium Chloride and Chlorhexidine Gluconate.

# **Conflict of interest statement**

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